

# Food for the Brain

<b>Group/Organisation Address:</b>	Food for the Brain, 11a Chartfield House, Putney, London
<b>Email:</b>	<a href="mailto:info@brainbiocentre.com">info@brainbiocentre.com</a>
<b>Website:</b>	<a href="http://www.foodforthebrain.org">www.foodforthebrain.org</a>
<b>Postcode:</b>	SW15 6DT
<b>Telephone Number:</b>	020 8332 9600 - Monday - Friday 9.00am - 5.00pm
<b>Access Times:</b>	
<b>Extra Information:</b>	At Food for the Brain we wish to raise awareness of the importance of optimum nutrition in mental health. We are a charitable foundation working to inform organisations and empower individuals to change their diet and lifestyle and take greater control of their own mental health.
<b>Type of Services:</b>	Adult Education
<b>Type of Condition or Health Subject:</b>	Mental Health Problems
<b>Date Created:</b>	18/08/2017
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