

Combat Stress

**Group/Organisation
Address:**

Combat Stress,
Stress Tyrwhitt House,,
Oaklawn Road,,
Leatherhead, Surrey,

Email:

helpline@combatstress.org.uk

Website:

www.combatstress.org.uk

Postcode:

KT22 0BX

Telephone Number:

24 hour helplines - Veterans and their families can call 0800 138 1619. Serving personnel and their families can call 0800 323 4444.

Access Times:**Extra Information:**

Combat Stress was founded in May 1919, just after the First World War ended. For almost a century, we've helped former servicemen and women deal with trauma-related mental health problems such as anxiety, depression and post-traumatic stress disorder (PTSD) We offer a range of treatment programmes, therapies and support to help you with your mental health problems. Everyone is unique and our highly skilled medical and clinical teams work with you individually to find the right support for you.

Type of Services:

Recovery & Rehabilitation

**Type of Condition or
Health Subject:**

PTSD (Post-traumatic Stress Disorder)

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