## **Carers Direct - UK Helpline**

Group/Organisation Address:

Carers Direct, UK Helpline,

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**Email:** 

Website: <a href="https://www.nhs.uk/conditions/social-care-and-support/carers-direct-helpline">www.nhs.uk/conditions/social-care-and-support/carers-direct-helpline</a>

Postcode: N/A

Telephone Number:

Helpline - 0300 123 1053

Access Times: The helpline is open from 9am-8pm Monday to Friday, and from

11am-4pm at weekends. It's closed on bank holidays.

**Extra Information:** Free confidential Information and advice for carers.

**Type of Services:** Carer's Group

Type of Condition or Health Subject:

Health & Wellbeing

**Date Created:** 25/07/2017

**Review Date:** 21/06/2018