

# Belper Self Help Group - Depression and Anxiety

<b>Group/Organisation Address:</b>	Belper Self Help Group - Depression and Anxiety, Belper Community Cottage, 16 Chapel Street, Belper, Derbyshire
<b>Email:</b>	<a href="mailto:office@belpercommunitycottage.co.uk">office@belpercommunitycottage.co.uk</a>
<b>Website:</b>	<a href="http://www.belpercommunitycottage.co.uk">www.belpercommunitycottage.co.uk</a>
<b>Postcode:</b>	DE56 1AR
<b>Telephone Number:</b>	01773 880364
<b>Access Times:</b>	
<b>Extra Information:</b>	The group provides mutual support encouragement and reassurance in an informal and friendly setting for those experiencing depression, anxiety and its related problems. Family, friends, parents, carers are also welcome.
<b>Type of Services:</b>	Family & Carer Support
<b>Type of Condition or Health Subject:</b>	Depression
<b>Date Created:</b>	25/07/2017
<b>Review Date:</b>	06/06/2018

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