

The Mix - (Formally Get Connected)

Group/Organisation Address:	The Mix, Essential Support for Under 25's
Email:	Online message form
Website:	www.themix.org.uk
Postcode:	N/A
Telephone Number:	Freephone Helpline - 0808 808 4994
Access Times:	
Extra Information:	The Mix is the UK's leading support service for young people under 25. We are here to help you take on any challenge you're facing - from mental health to money, from homelessness to finding a job, from break-ups to drugs. Talk to us via online, social or our free, confidential helpline.
Type of Services:	Helpline
Type of Condition or Health Subject:	Mental Health Problems
Date Created:	18/08/2017
Review Date:	14/08/2018
