

# Students Against Depression

<b>Group/Organisation Address:</b>	Students Against Depression, Website Help
<b>Email:</b>	<a href="mailto:admin@cwmt.org">admin@cwmt.org</a>
<b>Website:</b>	<a href="http://www.studentsagainstd Depression.org">www.studentsagainstd Depression.org</a>
<b>Postcode:</b>	N/A
<b>Telephone Number:</b>	
<b>Access Times:</b>	
<b>Extra Information:</b>	Students Against Depression provides you with the resources you need to find a way forward from stress, low mood, depression or suicidal thinking. We offer information and resources validated by health professionals alongside tips and advice from students who have experienced it all themselves. You are not alone and we are here for you. Download our resources, customise our self-help plans, share your own story and join us in fighting student depression.
<b>Type of Services:</b>	Mental Health
<b>Type of Condition or Health Subject:</b>	Depression
<b>Date Created:</b>	20/10/2017
<b>Review Date:</b>	07/08/2018

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