



Derbyshire Healthcare NHS

WHAT IS IN A GENE?

<u>Can you help us to find out?</u> We are calling on all people with Bipolar Affective Disorder and Schizophrenia to help us to develop a better understanding of the genetics behind these disorders! Our research and others like it have already begun to pave the way for new treatments and preventative strategies. These may be more personalised and also associated with fewer or absent side effects. We strongly believe that learning more about the genetics will begin to make a practical difference for creating new treatments for people with Bipolar Disorder.



ralph-maryactivities.com

If you can volunteer, you would be making a significant contribution to advancing research in this area. <u>How to help</u>: All you would have to do is a short interview about your experiences of Bipolar Disorder or Schizophrenia and have a blood sample taken – don't worry, our research team are fully trained, you will be in safe hands! ... Then our team of laboratory researchers will take over. In some cases, we may ask you for a saliva sample.

<u>Where?</u>: You can be interviewed by one of our local researchers or if you can travel to University College London to meet with Alex or Hannah for an interview, we are able to refund your travel expenses. Some volunteers use the opportunity to visit family and friends or have a day out in London.

<u>So if you are interested</u>: in getting involved or just want some more information, send us an email: saying, "I would like to get involved" to <u>a.narula@ucl.ac.uk</u> or <u>h.parker@ucl.ac.uk</u>. Alternatively you can call us 020 3108 2193. Or call your local study representative

> Gemma Elliott or Lisa Thomson on 01332 623700 ext 3474 or email DHCFT.Research@derbyshcft.nhs.uk

At this stage, regrettably, we are concentrating on those of English, Irish, Scottish or Welsh ancestry.

<u>A BIG Thank You</u>: to those who have already helped because the more people involved, the more powerful our results. With this in mind we are already collaborating with a number of other research

centres in the UK and Worldwide.



Thank you for your continuing support