

WHO IS IN OUR TEAM?

	Nurses
	Psychologists
	Speech and Language Therapists
	Occupational Therapist
	Assistant Practitioners and Support Workers

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Intensive Support Team (IST)



How to contact us?



Please call and leave a voicemail and we will call you back.

Derby

St Andrews House

0300 7900 262

Mon-Fri, 8am-8pm

Sat & Sun, 9am-5pm

Chesterfield

Ash Green

01246 565013

8am-8pm, 7 days a

week



IST support you when you are finding things difficult at home.



Our staff will work with you and the people who support you to help you cope.



IST can also help if you are struggling with your health and wellbeing.



We want to make sure you stay out of hospital.

If you are in hospital we want to help you get home as quickly as possible.



IST will make a plan with you and the people who support you.



The plan shows us where changes are needed.
We want you to feel better.
We hope the plan will help you feel better.



IST will help others to understand how to support you best.
We will try and help everyone follow the plan.



We will ask you what you think you need.
We will help you say what you want and need.

If there is an emergency
please call
999

