

Contact Information

If you would like any more details or if you want to opt out of this study, please contact Jennifer Ness (Principal Investigator) or Keith Waters (Co-Investigator) using the contact details below:



01332 623700
ext.33681

dhcft.cssr@nhs.net



Centre for Self-Harm and Suicide
Prevention Research
Derbyshire Healthcare NHS
Foundation Trust, Centre for
Research and Development,
Kingsway Hospital, Derby, DE22
3LZ

Further Information

If you would like more information, including how personal information is processed as part of the study, please visit:

<https://tinyurl.com/Derbypage>
<https://tinyurl.com/MulticentreHome>
<https://tinyurl.com/CAGdataoptout>

For information regarding how patient data is processed by Derbyshire Healthcare NHS Foundation Trust in general visit:

<https://tinyurl.com/DerbyData>

This leaflet was co-produced with our patient and public contributors.

Useful Contacts

If you are having thoughts of self-harm or suicide, there is support you can access. As well as talking to your GP or a trusted friend, below are some support organisations that you may find helpful:

The Samaritans

116 123
for 24/7 listening support

Shout

Text "SHOUT" to 85258
for 24/7 text support

NHS Helpline

111 option 2
for your local 24/7 helpline

Harmless

www.harmless.org.uk/
for online support with self-harm

For more information on where you can seek support and access other online mental health resources, please scan the QR code.



Derbyshire Healthcare
NHS Foundation Trust

Your Help in Improving Care for Self-Harm



To better understand self-harm and to improve the quality and safety of care provided, we collect information about every attendance for self-harm or suicide attempts to the Royal Derby Hospital's Emergency Department.

This allows us to evaluate local services, as well as contribute to the Multicentre Study of Self-harm in England project.

What is self-harm?

Self-harm is an intentional non-fatal act which includes self-poisoning and self-injury. We also include suicide attempts in our definition of self-harm, although we acknowledge that the intention behind the acts may be different.

What information is collected?

- What might have contributed to your attendance
- What care you receive when you come to the hospital
- The arrangements made once you leave hospital

Who collects your information?

The Liaison Team see patients who attend the hospital for reasons relating to their mental health. Staff members in this team and the study team collect the above information from your hospital records and your assessment.

How is your information protected?

Your information is protected by strict guidelines governing the holding of personal information. Derbyshire Healthcare NHS Foundation Trust will keep your information confidential and safe.

How does your information help?

Your information is summarised and anonymous. We look at all attendances to better understand self-harm and outcomes to improve care. Our findings are published in health journals and shared with local health services and the Department of Health to develop and continually improve interventions and services, national guidance, and public and mental health policy.



The Multicentre Study of Self-Harm in England

This project is funded by the Department of Health. We work with researchers in Oxford and Manchester to create the Multicentre Monitoring study of self-harm in England.

We also receive mortality status data for everyone in the study from NHS England to inform the National Suicide Prevention Strategy for England. This is done securely and in line with strict legal and ethical guidelines.

National Data Opt-Out Exemption

To improve care, it is important that our data accurately represents everyone who attends hospital. For the benefit of all, the Derby Monitoring study of self-harm has been granted an exemption from applying the NHS national data opt-out.

What does this mean for you?

This means that information about people who attend the emergency department as a result of self-harm can be collected by our study, even where they have chosen not to have their health data shared for reasons other than their care. We have been granted this exemption by the Secretary of State for Health and Social Care, on advice from the Confidentiality Advisory Group (CAG), an independent body who provide advice on the use of confidential patient information without consent.

You can choose to opt out

You can choose to opt out of this study if you wish by contacting the study team.