

Course/Group title: Hoarding Support Group

Description of the course (including the number of sessions):

Peer Support Group for People Experiencing Hoarding

Dates & times:

Last Friday in the month

Venue: Hearing Help UK, 156 Derby Road, Ripley, DE5 8HU

Benefits of attending the course:

The group is a place to share experiences and learn from others without feeling judged. The group is open to anyone living in Derbyshire.

Available to:

People open to the Amber Valley Team. Talk to your Care Co-ordinator for more information.

How to book a place: contact group facilitator Karen Eley, <u>Karen.eley@derbyshire.gov.uk</u>. 07973954196

To be included in which section:

Keeping Well



