

## Course/Group title: Severely Impaired Group

### **Description of the course (including the number of sessions):**

This group is designed for people who are suffering from a cognitive impairment to give them the opportunity to engage in structured, meaningful and therapeutic activities. It is designed to help and support people who are in similar situations. An active social life is paramount in helping people with cognitive impairment to stay happy and motivated.

### **Dates & times:**

The group plans to take place Tuesday mornings for approximately an eight week programme. After this period you may be considered for referral onto other groups that may be of benefit.

### **Venue:**

The Old Vicarage, Bolsover

### **Benefits of attending the course:**

- Keeping an active social life in order to reduce loneliness and isolation
- Providing a sense of purpose
- Provide enjoyment and structure to the day
- Sharing experiences with others in similar situations
- Gaining knowledge into activities that can be of benefit to the individual
- Building self-esteem and confidence

### **Available to:**

This group will be available to anyone who is currently under the care of Bolsover and Clay Cross neighbourhood services.

### **How to book a place:**

If you are interested in this course or feel you know someone that is interested in this group then speak with your care co-ordinator, lead professional or other professionals involved in your care. If any professionals feel that they have any service users that would benefit from this group then liaise with Sam Waplington or Joanne Wombwell.

### **To be included in which section:**

Keeping Well