

Course/Group title: Willow Tree Farm

Description of the course (including the number of sessions)

An opportunity to work outdoors with animals, conservation and café.

Dates & times

Times by arrangement.

Venue

Willow Tree Farm, Shirebrook.

Benefits of attending the course

An opportunity to work with others in an outdoor environment. Learning the care of animals large and small and conservation work.

Available to :

General public.

How to book a place:

Discuss with your mental health worker to make an appointment.

To be included in which section :

Staying Well.



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