

Children and Young People's Neurodevelopmental Team & Community Paediatric Service for ADHD (Post Diagnosis Information)



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Making a
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difference

Contact details

CYP Neurodevelopmental Team

Children and Family Health Services Children Specialist Division

Derbyshire Healthcare NHS Foundation Trust
St Paul's House
Jubilee Business Park

Tel: 0300 1234586 Option: 2 Option

www.derbyshirehealthcareft.nhs.uk/services/childrens-services/neurodevelopmental

ADHD

There are a number of disorders that would be included in a Neurodevelopment condition. However for the purposes of this Information we make reference to Attention Deficit Hyperactivity (ADHD)

In the case of emergency or urgent presentation:

Emergency behavioural, emotional or mental health needs should be directed to the Children's emergency department at the Royal Derby Hospital.

An emergency is where the child or young person is presenting with an immediate threat to their safety or well being (for example acute presentations of self harm, acute psychosis or medically unwell)

Where the child or young person is threatening or compromising the safety and well being of others ring the **emergency services on 999**

Out of hours urgent but not an emergency for behavioural, emotional or mental health needs should be directed to the out of hours service **111**

Within office hours you should consider contacting the most appropriate services as detailed in the information booklet

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Post diagnosis ND Team

Aim: To provide the highest standard of individualised care to maximise health and wellbeing for a child or young person with a diagnosis of ADHD.

To do that:

Provide clinic appointments to the child and or parent/carer.

Frequency of appointments will depend on a number of factors, for example a child requiring medication to treat their ADHD will be seen more frequently than the non- medicated child with a diagnosis of ADHD. This is in keeping with NICE guidance re monitoring administration of medication for the treatment of ADHD.

Child/Adolescence behaviour support

In these unprecedented times our group sessions are unable to go ahead.

Please look at the below Tabs to assess online support

Medication Clinics

- We carry out medication reviews with the child/young person who may or may not be taking medication as one way to support the management of their ADHD symptoms
- During the consultation the Nurse will gather information from the young person and the parent/carer. It will be necessary to ask for rating scales to be completed by home and school and by the child/young person at times, this provides us with holistic information regarding the ADHD symptoms and how well they are being managed in different settings. We cannot always make a decision in clinic so please bear in mind that we might ask for more information before we can make a decision and this will formulate part of our plan

- **If the young person is 16 or over, the nurse will carry out the majority of the consultation with the young person.** This is to begin to prepare them for future adult services and become more independent regarding their individual care.
- The consultation consists of the height and weight being taken and a blood pressure reading along with exploring how things are at home and school and/or any clubs or out of school activities the young person is involved in.
- If the child/young person is taking medication the nurse will inform you if from the consultation the child/young persons observations mean they are healthy to continue to take the medication. The nurse will formulate a care plan with you and you will be allocated a further appointment.

Not all of the Nurse team are non-medical prescribers, if you are having appointments with a nurse who does not prescribe they will liaise with the Community Paediatrician and/or the GP.

Single Point of Access

- Whilst you are under the care of the Neurodevelopmental Service, should it be necessary to refer you to a different service for support or further assessment, we will discuss this with you. We may inform you that we plan to make a referral to the Single Point of Access (SPOA, for short)
- This is a single point of entry for referrals and a panel of professionals meet weekly to discuss the referrals and ensure they are allocated to the most appropriate service.
- Once the receiving service has been notified regarding your referral they will write to you and make arrangements individually with you regarding the service they are able to offer.

Appointments with the ND Team

- Your appointment is important to us, whether this is a new assessment appointment and we are meeting for the first time or a follow up appointment, It is important that you attend all allocated appointments with us.
- There are of course times when you are not able to make the appointments and we fully appreciate that, we would ask that you provide us with at least 24 hours notice of a cancellation so we can offer this appointment to another family that are waiting.
- For six monthly clinic appointments we are able to offer you an appointment to see us at our regular local venues.
- If you are not able to attend a clinic day/time and this is a problem, please speak to the administration team and they will try, where possible to accommodate you at a different venue to enable you to attend.

Continued

- You will be sent an appointment for your child or young person through the post at least two weeks prior to your appointment. In some circumstances where it may be beneficial to your child/young person you may be offered a short notice appointment over the phone. We will invite you to a clinic base, this may not be in your local area, but this is normally within your borough.
- Please allow enough time to park up and arrive at the appointment on time to avoid disappointment. In circumstances where there is not enough time to carry out the appointment you may be asked to attend at a different time.
- **Non attendance to the appointment will result in this being recorded as the child not brought to the appointment. We will offer you a further appointment to attend and if this is not attended this may result in your child/young person being discharged from the service. This can cause a lot of stress and anxiety to the child/young person if they are diagnosed and taking medication as re occurring missed appointment may cause the medication to stop being issued by ourselves or the GP for the safety of the patient.**

Other agencies and support contacts

Safe guarding concerns

- If you are concerned that a child is suffering or is at risk of significant harm please contact
- Call Derbyshire on Tel 01629 533190 immediately
- **Starting Point (County)**
- Self-refer for social care or Multi Agency Support
- Contact 01629 533190
- **Ashtree house (City)**
- Contact 01332 641172

Early Help Assessment (City)

- Where needs are emerging or low level, individual services and universal services may be able to meet these needs, take swift action and prevent those needs escalating. Agencies that identify the emerging needs of a child and their family should complete the Early Help Assessment (EHA) If you are a parent/carers and feel you need an Early Help Assessment to support you and your family, ask school to do an Early Help Assessment .
- Where the support for a child/young person and their family requires the involvement of more than one agency, a Team around the family(TAF) should be convened. The TAF should include the appropriate agencies who may contribute to a TAF Plan, for example:

Early Help Assessment

- • School pastoral teams
 - • School Health
 - • Behaviour support service
 - • Education Psychologist
 - • Police safer neighbourhood team
 - • CAMHS
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- The TAF should meet regularly to review the progress made and the outcomes achieved. Where there are issues identified that warrant support from a multi-agency team (MAT) the completed EHA should be sent to Starting Point and the request for support should be completed. It should include any actions already undertaken and why these needs cannot be met by universal services.

School Health/Nurse

- Every school has a named link school nurse. Your school will be able to give you their contact details. To request a referral into our School Nursing Service, please complete the School Nurse Referral request form and submit it by emailing dmh-tr.ChildFamily-Derby@nhs.net
- School Nurse Teams are based in local health centres and can be contacted on the following telephone numbers
- **Peartree** 01332 888030
- **Revive** 01332 288700
- **Coleman** 01332 861193
- Or you could ask your school to make a referral to the School Health Service on your behalf. School Health can support with a range of health and emotional concerns and where appropriate they may discuss with you about referring to other agencies.

SEND (Special Education & Disabilities) & Education concerns

- If you are concerned about your child meeting their full potential at School you should discuss this with the school staff and the Schools Special Educational needs co-ordinator (Senco) If you do not feel you can discuss these issues with school, you may wish to consider involving SENDIAS
- **SENDIAS-(Derby Send Information Advice and Support Service)**
 - This service provides free legally based confidential accessible information, advice and support for children, young people, parents and carers. Your child does NOT need a formal diagnosis to receive this services support
 - The Derby City contact is :01332 641414
 - Email SENDIAS@derby.gov.uk
 - The Derbyshire contact is :01629 533660
 - Please note this is not an exhaustive list of support, however each one should be able to signpost you to a more appropriate service if needed.
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Local SEND information and services

- **Local SEND information and services**
- For further information about services within your local area please look at
- The local offer for Derby is
- <https://www.derby.gov.uk/education-and-learning/special-education-needs-disabilities/>
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- Derbyshire local offer is
- <https://localoffer.derbyshire.gov.uk/#!/directory>