



## COVID-19 Safe ways of working

# A visual guide to safe PPE

General contact with confirmed or possible COVID-19 cases	Aerosol Generating Procedures or High Risk Areas*
Eye protection to be worn on risk assessment	Eye protection eye shield, goggles or visor
Fluid resistant surgical mask	Filtering facepiece respirator
Disposable apron	Long sleeved fluid repellent gown
Gloves	Gloves

\*For DHCFT this only applies to resuscitation and use of a nebuliser

- Clean your hands before and after patient contact and after removing some or all of your PPE
- Clean all the equipment that you are using according to local policies
- Use the appropriate PPE for the situation you are working in (General / AGPs or High Risk Areas)
- Take off your PPE safely
- Take breaks and hydrate yourself regularly

**For more information on infection prevention and control of COVID-19 please visit:**  
[www.gov.uk/government/publications/wuhan-novel-coronavirus-infection-prevention-and-control](http://www.gov.uk/government/publications/wuhan-novel-coronavirus-infection-prevention-and-control)