## Improvement Plan In Response To Recommendations Outlined In The Independent Investigation Into The Care And Treatment Of Ms Z 24 July2017

In 2013 a very serious incident occurred in Derbyshire, which involved an individual in receipt of mental health services (Ms Z). Immediately following these tragic events, Derbyshire Healthcare NHS Foundation Trust undertook an internal investigation, in order to explore the care and treatment provided to Ms Z and identify any learning to ensure a similar incident was prevented from occurring again. An action plan was developed in response to this internal investigation, which has now been completed in full.

Separate to the Trust's internal investigation, NHS England commissioned an external review of the care and treatment provided to Ms Z. This report is being published today (24 July 2017), and the Trust's action plan in response to the recommendations outlined, follows below. It is usual procedure for NHS England to commission an external report following a serious incident of this type, which involved a patient in receipt of mental health services. The report and its associated recommendations come from a non-NHSorganization.

The draft report was shared with the Trust in February 2017. The report and its recommendations have been accepted in full by the Trust. The action plan which follows has been in place since February 2017 and has been updated to reflect progress against each of the recommendations at 24 July 2017. The action plan will continue to be updated and the Trust is committed to implementing all recommendations in full. A number of the recommendations were identified in the Trust's own internal investigation report and are therefore complete, whereas some recommendations were slightly different or had a different perspective and therefore the Trust seeks to do further work to ensure all changes are introduced and embedded into current working practice across all of its services.

Derbyshire Healthcare NHS Foundation Trust is deeply regretful of the missed opportunities outlined in this report. We offer our deepest apologies to the families and friends of all those affected by these tragic circumstances.

Ifti Majid Acting Chief Executive Derbyshire Healthcare NHS Foundation Trust

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## Improvement Plan In Response To Recommendations Outlined In The Independent Investigation Into The Care And Treatment

## of Ms Z 24 July 2017

	RECOMMENDATION	ACTIONS IDENTIFIED TO ENABLE IMPLEMENTATION	TIMESCALES	PROGRESS TO DATE			
1	Consolidating/fully reviewing all medical records		Complete	The Trust has now embedded an electronic patient record, which is accessed by all mental health clinicians. Inter-connectivity has been achieved with wider clinical systems in order to extend the record to wider services (including drug and alcohol services) This access to shared electronic patient records			
				enables teams to work collaboratively and communicate with all involved in an individual's care and manage risk. This supports effective use of CPA		l	
				Additional training has been provided to Trust staff in this respect		I	
				This action was identified by the Trust's internal report in 2014 and was a known risk, with mitigation plans in place as we progressed to a full electronic patient record			

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Complete In proces		mote access to GPs	Complete	<ul> <li>Developments with the electronic patient record have enabled local GPs with access to all records and prescribing information. The Trust is currently promoting this access and associated benefits for GPs. Substantial improvement in GP's sharing records on System One and additional Q1 work on maintaining this (Safeguarding data). This is increasing clinical information, sharing. Access for clinicians to this record within IG sharing records- sharing with consent is expanding</li> <li>This is now embedded and rolled out and available to services, to all areas with this EPR system.</li> <li>Information is also supplemented in 24 hr. access in A&amp;E, and extended hours in, in the Multi-agency communication hub in Derbyshire Police Headquarters</li> </ul>	

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a)The Trust takes steps to unify	All patient	Unifying our clinical records to a single electronic	
paper and digital patient records	records are	patient record has been in progress since 2011.	
	currently	At the time of this incident, paper records were	
	inter-	in place and the electronic patient record was in	
	connected.	developmental stages.	
	The Trust will		
	continue to	Whilst our electronic patient record is now in	
	progress this	place, the need to have one single set of historical	
	action.	patient information remains important. To achieve	
		this, clinicians working across our services have	
		accessto inter-connected electronic systems to	
		ensure they have access to the most up to date	
		information about the individuals in their care.	
		Continual reviews of an individual's history take	
		place during CPA reviews and during the patient	
		safety planning process. Both of these processes	
		create an electronic summary of an individual's	
		clinical history. New functionality to link and	
		connect all records is now live. Completed	
		September 2017	
		In addition continued review of clinical risk history	
		in risk history and profiles continue.	
		The new Criminal Justice team has gone live in	
		(January 2018) with extended model and service	
		with full access to all service records. There is a	
		multi –agency communication hub in police head	
		quarter which reviews and shares information.	
		Derbyshire CCG has commissioned a community	
		forensic service which will be reviewed and liaising	
		in complex cases, with the need for case	
		formulation and review. Recruitment delays have	
		occurred. Interviews scheduled November 2018	
		and operational January 2019.	
		The length of time of community EPR is increasing	
		and long term risks are gradually reducing. Full	
		unification of all records will occur over a	
		significant period of time and there is no formal	
a g e		date	

Complete	In process	Attention required	Not started



b) Following this unification, patients' historical records must be reviewed and summarized at key stages in their care	Update to staff training required	Training is now being delivered. We aim for this approach to take place as soon as	New guidance being delivered to staff during training highlights potential risks that arise upon discharge or transition and the requirement to review notes at these stages In CPA and in Patient Safety planning- a new summary of care needs is implemented. This will		
		possible	continue to be developed and refined		
			Automated compliance checks are in pilot stage for the in-patient areas and are rolling out trust wide. This is monitoring a review of patient safety plan at key stages of care e.g. such as admission		
		Be fully embedded into our services by September 2019	Existing training has included the importance of historical records and the need for these to be reviewed. We have introduced a new safety planning process which includes a historical risk perspective and we are training staff in this new model. The current compliance rate is 75% and the transition period is longer than originally expected.		
			The full roll out and completion rates are extended and at this time estimated at September 2019, for any residual FACE risk assessments		

Complete	In process	Attention required	Not started



		This review was completed by March 2018	We are also seeking to lead a review of patients with key characteristics in their risk profiles. A nationally recommended model has been identified for this purpose and the Trust is currently in conversation with Commissioners to support the use of this model. A pilot of high intensity management has been confirmed for a pilot. Commencement date to be confirmed. Investment allocated in April Funding has been agreed and appointments to Police and nurse post has commenced and appointed in June 2018. Service commenced October 2018		
rec	Progress against these commendations to be onitored and audited	Complete This will continue at each Committee until all actions are completed	The Trust has established plans to audit the impact of all changes made in response to the learning from this case. Additional audits are planned to review aspects of safeguarding adults, pertinent to this case. Scrutiny of these action plans and audits of practice such safety planning has taken place at the Trust's Board Level Safeguarding and Quality Committee (Safety Planning). These will be reported on a quarterly basis. The Safeguarding Committee has received regular up-dates on progress. This is on track until all aspects of the action plan is completed (two items too complete) the final review of these actions plans is October 2019.		

Complete	In process	Attention required	Not started



	d) The findings of these audits		Complete	The action plan and outcomes and actions of the		
	are to form part of discussions at			audits identified above have been scheduled for		
	regular Quality Assurance		Review quarterly	every Safeguarding Board level Committees for		
	Meetings		until completed	Quality and Safeguarding		
				These action plans are reviewed at each Quality		
				Assurance Group review with commissioners, and		
				will be reviewed on a bi-monthly basis.		
				In addition NHS England have commissioned an		
				additional 6 month review. Interviews took		
				place in May 2018		
2	Responding to the Service receiver's	Ensure importance of family	New training	The Trust's CPA policy is undergoing significant		
I	needs	collateral patient safety review	programme is	review and a task group has been established, led		
		and a historical review of risk is reflected in updated training	underway	by named Safeguarding Adults and Clinical Leads		
	a)The ethos of CPA should be		Revised CPA	The revised policy will reflect national best		
	reflected and strengthened in		Policy to be	practice. On-going engagement will continue with		
	training programs		published by	staff to understand the ethos of CPA including		
			September	promoting a continual review of longitudinal risk		
			2018	and using collateral information from families		
				The Trust has developed a number of events to		
				focus on learning from this case, including CPA. The		
				use of CPA is monitored on our quality dashboard		
				CPA training is in place and staff are attending. This		
				training will be further reviewed following the		
				implementation of a new Trust-wise CPA policy		
				Learning from this incident is also featured in the		
				Trust's safeguarding adults training, to ensure learning		
				Further CPA reviews have been undertaken with		
				Neighborhood CPA review last meeting held on 7		
				March 2018		
				CPA training continues, Trust attendance at national		
				conference on CPA includes the Trust changes and		
				developments		

Complete	In process	Attention required	Not started



is to evidence family sive practice in Quality visits	Complete	Key recommendations are also considered from a safeguarding perspective. All clinical teams receive an annual quality visits. As part of this visit, teams are required to produce evidence of how they embed family inclusive practice or the Triangle of Care within their services. Triangle of Care Level 2 Trust wide was achieved in November 2017 - (External audit and validation)	
 te Carers policy to gthen in respect to ethos of	Complete	Additionally, the Trust now has a ratified Carers Policy and is actively investigating in the next stage of its Triangle of Care accreditation within the Carers Trust. Actioned November 2017	

Complete	In process	Attention required	Not started



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b) Every six months all CPA	Ensure supervision is taking place	Monthly	Supervision processes include caseload management	
records should be audited by	on a regular basis and is recorded	reports on	supervision and the application of CPA. Steps have	
managers to establish:		supervision	been taken to ensure all supervision is taking place	
<ul> <li>If CPA is being correctly</li> </ul>		and June 2018	on a regular basis and is recorded. We are able to see	
applied and adhered to		audit of CPA	that this approach has resulted in an increase in the	
• If risk assessments are		was completed	frequency of clinical supervision	
up to date				
			This learning commenced initially with the teams	
If staff are having regular			directly involved in this case and has extended to the	
supervision which includes			wider organization	
providing care which recognizes				
the ethos of CPA			A continual review of supervision is in place. In addition, the use of CPA is included in the Trust's	
			clinical records audit alongside caseload supervision	
			standards, caseload review and clinical practice	
			standards, caseload review and chincar practice	
			A new clinical safety planning approach was	
			introduced in April 2017, replacing the FACE risk	
			assessment across adult services. This new approach	
			will raise clinical standards as well as being more	
			person-centered and longitudinal in its approach	
			The new approach means we are working side- by-	
			side with service receivers being cared for under a	
			-	
			CPA so that they are encouraged to be authors of	
			their own 'safety plan.' This is something that is	
			helping us to better understand our service	
			receivers as individuals and empowering them to	
			think about how they can keep themselves, our staff	
			and the public safe. CPA audits are in place.	
			The next CPA and Care Planning audit is underway	
			and was completed in May 2018 and reported to	
			divisional meetings and six monthly to the Quality	
			Committee. The EPR automated pilot model of	
			safety plan was implemented in May 2018, roll out	
			Trust-wide was completed in June 2018. CPA quality	
			checks completed in June 2018	

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Complete	Processes are in place to enable an escalation of
	issues from supervision to the clinical risk register or
	clinical operational (COAT) effectiveness audit has
	been completed.
January 2018	We are also making sure appropriate action is
	We are also making sure appropriate action is
Completed June	taken where clinical supervision has identified that
2018	stan are not meeting required standards. This
2018	includes capability procedures. We also have
	mechanisms in place to recognize good practice
	and to share this with wider staff
	Improvement in supervision / continued
	improvement on quality of supervision
	through monthly monitoring
	Next CPA and care planning audit
	underway, completed in May 2018 and high
	level feedback report completed.
	Presented at next Committee. Progress was
	confirmed and is now completed

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	Adherence to this	Full roll out to be completed in 2018 and full		
	recommendation to be audited on	compliance with audit checks, and improvements		
	a six monthly basis	to the model by October 2018 now ratified		
		2018/2019 A further audit was be undertaken as part of the		
		introduction of a new CPA policy/ Phase 2 model 12		
		weeks after policy. The policy has now been ratified		
		in October 2018 and is now in implementation		
		Monthly A patient safety planning audit has also been		
		reporting agreed for inclusion on the audit plan. This is		
		March 2018 included in the Monthly dashboard in addition		
		there are additional checks on the quality of		
		patient safety plans, that have been rolled out.		
		An NHS England review of recommendations was		
		undertaken in May 2018. Progress was		
		confirmed and is now completed		
3	Improving long-term care			
		Complete		
	a)Regular audits to ensure	Additional audits of supervision and record		
	managerial supervision policies and	January 2018 keeping standards are to be maintained as per		
	procedures to facilitate supervision	other actions. In addition audit will include		
	are being used to promote the	qualitative and quantative compliance audits.		
	delivery of service user centered	Results from the audits are reported to the		
	long-term care	Quality Committee on a monthly basis		
		Supervision compliance continues to increase		
		regular audits and checks are completed. This is		
		confirmed by review		
		CPA and care planning audits are in place and are		
		presented to the Quality Committee by		
		independent review. This is now complete		
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b)Close family members should always be given a contact point to access the mental health system in a crisis	Further scrutiny of all offers of psychological support against up-take in 2017/2018	Complete	The Trust introduced a new Family Liaison service in 2014. The service is now fully operational and has made early contact with families when significant incidents have occurred Family Liaison can refer to access (internally) psychological support, CAMHS, family therapy and	
			therapy support. This has been offered post 2014. External support can also be accessed where appropriate	
			The Trust has also funded psychological therapy external to the Trust/NHS resolution. This offer remains an open offer to families affected. This remains open indefinitely for the named family	
			The Trust has developed a new, innovative communication tool (SBARD) which enables family members to share information with a Clinician involved in the care of the individual concerned	
			This tool has proved successful to date and is being extended as best practice tool to wider Mental Health Trusts.	
			We have revised and reissued our Family and Carer support leaflets. Easily located information has been included on the Trust's website in order to provide access to support and information in a crisis	
			The rollout of the new Mental Health Liaison service provides rapid access to support in a crisis	

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c)The Trust reviews its Family	Complete	The Trust's new Family and Carers strategy states	
Involvement strategy	Comprete	that information should be shared wherever	
interventencesy		possible and that contact should be maintained	
		with families and Carers	
		with families and carers	
		The Trust has championed the 'Think Family'	
		model and has on-going training for staff	
		model and has on-going training for stan	
		We continue to provide on-going advice to clinical	
		staff to enable them to share information and	
		remain in contact with families and Carers	
		Ternain in contact with animes and carers	
		These messages are also supported through	
		additional safeguarding adults training to	
		maintain practice	
d)The Trust's Quality Assurance	Complete	Teams are required to actively seek family	
Programme be revised to		members' involvement and views. The Trust's	
ensure that teams are required		Quality visits programme seeks evidence of family	
to actively seeks family		inclusive practice and ward visits include the	
members' involvement and		active involvement of patients and Carers	
views			
e)Collateral histories should be	January 2019	The Trust is developing a new family collateral	
taken to secure a greater	Revised too	information plan which includes a contact person	
insight into a service receiver's	October 2019	for the family, in line with the wider review of	
situation and those of the		CPA.	
family members/Carers		This is included in the care plan a wider family	
themselves		inclusive practice model. The revised CPA	
		improvement work and the Safeguarding strategy	
		further improve this work. To continue to	
		implement this clinical practice work. We are	
		extending this timescale until we see more	
		expansive evidence of family collateral history	
		work, and evidence of use.	

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5	Learning from adverse events a)The Trust's framework for investigating serious incidents be reviewed b)The Trust to take active steps to ensure staff and clinicians are supported in relation to serious incidents	Complete	A review of the Trust's serious incident process is underway. This was completed as per national timescale As part of this process, we have been piloting the Human Factors approach (HFACS), which includes James Reason's wider work on systems learning. Learning from this pilot will be used to update the Trust's Serious Incident policy in addition to recommendations from the CQC National Quality Board requirements A Trust-wide leadership event on learning from the experience of these families was held in 2014/2015 and again in 2016. A national event was held in 2017 A further event, learning from this case took place in July 2017 for all senior leaders where feedback was very positive and the dissemination of learning was completed A support session has taken place to reflect on learning from this case, which had good attendance. Direct engagement has taken place with all staff directly affected by this case, in order to provide additional support and/or engagement Staff working within our services have been involved in a learning review to embed changes into practice and cascade this learning throughout the organization. Staff who did not attend the support session are being followed up for direct engagement/support Further follow up was in January 2018 – to follow up "Where are we now?" "Is there any more learning from the event?"			NHS Found.
13	P age		more learning from the event?" The Safeguarding Lead contacted staff to see if a final session was needed on 31 March 2018.			

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		Complete	Evidence of up-take is reviewed through health and safety and additional assurance checks undertaken	
			Staff support is included in Health and safety report 2018	
			The PIPS model of debrief is actively used The psychological support, has had mixed feedback been used. A further HR review of the Psychological support service has been requested to ensure this is an accessible service and does not result in referral to GP only	
c) The Trust must implement processes to ensure learning from adverse incidents in order to embed learning in the day to day practices of those responsible for delivering care	A summary of the findings/recommendations for this case has been shared with the teams directly (not just those involved) to continually cascade the learning	Complete	The Trust's Medical Director has recently led a fourth event for staff to learn from the recommendations of this case. This follows three previous events facilitated by the Director of Nursing and Patient Experience, who has sought to continually engage with all staff to ensure learning from this incident	
			This has included a focused reflection and learning event for Mental Health and Drugand Alcohol services	
			Learning from this incident is also included in a number of Trust training courses, including using collateral family information more extensively	
		Complete	New processes are in place to ensure that the Lead Psychologist receives all notifications regarding incidents of this type	
			Requirements for staff support are also identified at an early stage through alerts generated by the Trust's electronic recording of all incidents	

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ing and support July 2018 +			
further reporting (6 monthly	Uptake of psychological support offered is monitored at year end. Report requested		
January 2019			
••••••••••••••••••••••••••••••••••••••			
Completed.			
· · · ·	ensure now embedded.		
	A new service call resolve is operational and		
	substantial use is evident.		
Complete	In the event of a serious incident, processes are now		
	in place to hold immediate staff briefings. Members		
	of the Trust's serious incident reporting group		
	directly contact staff, depending on the nature of		
	the incident and the actions required		
	Key lead roles have been identified to provide		
	Psychologist)		
Complete	In 2014/2015, the Trust held leadership events on		
	learning from the family of a young man with a		
	very serious incidents and the experience of the		
	family		
	The family's experiences in this case have also		
	training offered to our staff		
	The Family Lipicon convice is an important addition to		
	intervals) January 2019 Completed. Complete	intervals)from HR on actual uptake, overarching paper submittedJanuary 2019Revised to People and Culture Committee- awaiting follow up paper – January 2019 on specific analysis of post incident support to ensure now embedded. A new service call resolve is operational and substantial use is evident.CompleteIn the event of a serious incident, processes are now in place to hold immediate staff briefings. Members of the Trust's serious incident reporting group directly contact staff, depending on the nature of 	intervals)from HR on actual uptake, overarching paper submittedJanuary 2019Revised to People and Culture Committee- awaiting follow up paper – January 2019 on specific analysis of post incident support to ensure now embedded. A new service call resolve is operational and substantial use is evident.CompleteIn the event of a serious incident, processes are now in place to hold immediate staff briefings. Members of the Trust's serious incident reporting group directly contact staff, depending on the nature of the incident and the actions requiredKey lead roles have been identified to provide direct (through Heads of Nursing/Lead Psychologist)In 2014/2015, the Trust held leadership events on learning from the family of a young man with a learning disability who died in a Learning Disability service (incident from outside of Derbyshire). The family experience. In addition, an external independent investigation company provide a teaching event to all senior leaders on learning from very serious incidents and the experience of the family experience and NHS England videos on the family experience in addition, an external independent investigation company provide a teaching event to all senior leaders on learning from very serious incidents and the experience of the family.The family's experiences in this case have also directly contributed to and featured within the training offered to our staff

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## Derbyshire Healthcare NHS Foundation Trust

On-going	The Trust's Executive and Board members have written to the families involved in this case to formally apologize and offer support.	
	Facilitated through NHS England, the Trust and family members have agreed to meet to further discuss the independent investigation report once it has been published. This remains an open invitation to the named family.	
	This remains open in March 2018 and this offer remains open indefinitely	