



Derbyshire  
Perinatal Mental Health Service  
Supporting women and birthing people from  
12 weeks of pregnancy to 2 years of age

**NHS**  
Derbyshire Healthcare  
NHS Foundation Trust



## Derbyshire Perinatal Experts by Experience

It would be helpful if you could complete the form below, so we know what you are interested in being involved with. Please send the completed form to [shelley.chattern@nhs.net](mailto:shelley.chattern@nhs.net)

Name:	
Email Address:	
Are you happy to be contacted by Email:	Yes <input type="checkbox"/> No <input type="checkbox"/>
Telephone Number:	
Are you happy to be contacted by Telephone:	Yes <input type="checkbox"/> No <input type="checkbox"/>
Do you need any additional support accessing meetings or information:  Please let us know how we can support:	
How would you like to be involved: Please tick as many or little as you wish.  Please note: by ticking will not mean you are expected to always participate in these areas. It is so we know what you would like us to contact you regarding.	<input type="checkbox"/> Recruitment and interviewing <input type="checkbox"/> Staff training <input type="checkbox"/> Perinatal Clinical Reference Group (Online meetings ever 2 months which involve a number of professionals within the Perinatal Service reviewing current service and developments. <input type="checkbox"/> Other relevant meetings which arise. <input type="checkbox"/> Providing feedback on service resources i.e. information leaflets, posters, forms. <input type="checkbox"/> Events - Stakeholder. <input type="checkbox"/> Events - Recovery focused. <input type="checkbox"/> Events - Raising awareness <input type="checkbox"/> Any others ways you would like to be involved.  .....  .....

Please remember if you change your mind and no longer wish to be involved you can withdraw from the Expert by Experience group at any time by emailing [shelley.chattern@nhs.net](mailto:shelley.chattern@nhs.net)