

Appendix 2.

Expert Patient
Programme
Toolkit

Appendix 2. Expert Patient: Key Case Seminar

**Please complete this feedback form, rating your answers
1 (strongly disagree) to 5 (strongly agree)**

How useful did you find this session in terms of:

A. Gaining an understanding of the impact of mental illness on the presenters day to day life

1 2 3 4 5

B. Gaining an understanding of what has been helpful or unhelpful in terms of previous treatment

1 2 3 4 5

C. Helping you to understand the impact of stigma as felt by the presenter

1 2 3 4 5

D. Helping you to understand the impact of helpful and unhelpful attitudes and behaviours of clinicians

1 2 3 4 5

E. Understanding the impact of life events with regards to mental ill health

1 2 3 4 5

What was most useful about today?

What was of least use?
