

Appendix 26.

**Expert Patient
Programme
Toolkit**

Standard letter to care teams

Psychiatry Teaching Unit
Medical Annexe
Radbourne Unit
Derby
DE22 3WQ
Tel: 01332 623932

Dear Team/clinicians name (delete as appropriate)

Re: [REDACTED]

Please be aware that the above person, who we understand is receiving care from you, has registered to volunteer as an Expert Patient with the Psychiatry Teaching Unit programme.

The nature of their involvement is to help medical students practice taking a psychiatric history, mental state examination and risk assessment. As part of this programme they will receive training on giving feedback to the students.

We understand that this can be emotionally challenging, however, we have processes in place to ensure that all Expert Patients are supported. We intend that their involvement in the programme offers a positive experience where they can develop skills and gain confidence in participating in a valuable programme. The programme has been running for 12 years and feedback reflects that this is the case.

If, during their involvement, they become unwell, all Expert Patients are aware that we will be contacting you, and are required to agree to this before joining the programme.

If you would like any more information, have any questions or have concerns regarding this person being involved please contact us at the teaching unit.

Yours sincerely,

The Psychiatry Teaching Team