



Derbyshire Healthcare
NHS Foundation Trust



Advocacy

Who can help make sure your voice is heard?

Advocacy and You

- Wherever a therapeutic relationship exists between a service receiver and carer, appropriate consideration should be given to accessing advocacy services for both the service receiver and the carer.
- Often advocacy is needed either jointly or by the carer on behalf of their loved one, or for the carers own needs as a result of the loved one's situation.
- Advocacy is about making sure that someone gets their views heard. Most people are able to speak up for themselves, but sometimes we all need some help.
- An advocate does not tell you what they would do: they help you to decide what you want. Advocates respect your views, work together with you and do not judge your choices.
- You can access different types of advocacy support, this may depend on where you live or what you need help with. This leaflet explains who you can contact to get the right help.

Independent Mental Health Advocacy

Some people who experience mental health problems are detained under the Mental Health Act. People who are sectioned can use the services of a specialist advocate called an IMHA (Independent Mental Health Advocate). The IMHA service is free and every area has to provide the service. Information on how to contact an IMHA should be given to you if you are sectioned, admitted or accepted into guardianship or placed on a community treatment order.

Independent Mental Capacity Advocacy

Some people may lack the capacity to take decisions in certain specific, important situations. They may also be particularly vulnerable because they have no close relative or friends, or any other person to protect their interests. Independent Mental Capacity Advocates (IMCA) can support and represent people in this situation. They look at the way particular decisions are being made but do not make the decisions on someone's behalf.

The IMCA service also provide representatives as part of the Deprivation of Liberty Safeguards (DOLs) requirements which ensure that someone is only deprived of their liberty when it is in their best interest.

For help with Advocacy if you live in the County of Derbyshire, contact Cloverleaf Advocacy on **01924 454875** or email **referrals@cloverleaf-advocacy.co.uk**

For help with Advocacy in you live in Derby City contact Disability Direct on **01332 299449** or email **info@disabilitydirect.com**

NHS Independent Complaints Advocacy

If you wish to make a complaint about an NHS funded service, either regarding your own treatment or that of a family member, child or carer then you can use the NHS Complaints Advocacy Service. This service is free and confidential and it can help you understand your rights, assist with complaints, applications and support people at meetings.

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Care Act Advocacy

Advocacy rights under the Care Act 2014

In April 2015 the Care Act became law. This places a new requirement on local authorities with statutory responsibility for social care. The act requires local authorities to ensure that people are fully involved in their assessments, reviews and the development of their support plans, safeguarding enquiries and reviews. If someone is likely to have substantial difficulty in being involved, and if they do not have an appropriate person to support and represent them, then the local authority has a duty to arrange independent advocacy.

Non-statutory advocacy



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Some people may be eligible for support from an advocate for other issues that are affecting their daily lives, such as debt, housing and accessing public services.

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If you live in Derby City contact **Disability Direct** on **01332 299449** or email info@disabilitydirect.com

If you would like this information in a different language or format, including Easy Read or BSL, contact dhcft.communications@nhs.net

Ak by ste chceli tieto informácie v inom jazyku alebo vo formáte, kontaktujte spoločnosť
dhcft.communications@nhs.net

Pokud budete chtít tyto informace v jiném jazyce nebo ve formátu, kontaktujte
dhcft.communications@nhs.net

Heke hûn dixwazin ev agahdariyê di zimanek cuda an formatê bixwazin kerema xwe ji re têkilî bikin
dhcft.communications@nhs.net

Si vous souhaitez recevoir ces informations en une autre langue ou un autre format, veuillez contacter
dhcft.communications@nhs.net

Jeżeli chcieliby Państwo otrzymać kopię niniejszych informacji w innej wersji językowej lub w alternatywnym formacie, prosimy o kontakt z
dhcft.communications@nhs.net

如果您希望以另一种语言或另一种格式接收此信息, 请联系
dhcft.communications@nhs.net

ਜੇ ਤੁਸੀਂ ਇਸ ਜਾਣਕਾਰੀ ਨੂੰ ਹੋਰ ਭਾਸ਼ਾ ਜਾਂ ਫਾਰਮੈਟ ਵਿੱਚ ਚਾਹੁੰਦੇ ਹੋ ਤਾਂ ਕਰਿਪਾ ਕਰਕੇ ਸੰਪਰਕ ਕਰੋ
dhcft.communications@nhs.net

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