

Teaching your child how to wipe her bottom

Step-by-step guide to teaching your daughter how to wipe her bottom. Make sure she can get to the toilet paper. Place your hand over hers to help at first and then keep helping until she gets the hang of it.

Use these prompts.



Get toilet paper



Tear off the paper

Teaching your child how to wipe her bottom



Roll paper into hand



Reach to bottom



Wipe from front to back

Teaching your child how to wipe her bottom



Check if paper is clean



Drop paper into toilet



Keep wiping with fresh paper until it is clean



Flush toilet

Wash hands