

Connections

August 2023, edition 14



05.
Our new facilities
are flying up!



**03. Meet the new
CEO - Mark Powell**



**08. From patient to
published author**

07. Award for Nick

Nick was awarded a prestigious award for his part in the building of our new mental health facilities.



Welcome...

...to the latest issue of **Connections**.
In this issue we have a lot to celebrate.



I am delighted to welcome Mark Powell, our newly appointed Chief Executive. You can find out more about Mark and his plans on pages 3-4.

Following on from our previous editions, there is an update on our new-build healthcare facilities in Chesterfield and Derby. In this edition we focus on the therapy-based aspects of the new-builds and announce the new names of these facilities; see pages 5-6.

In the Trust we are keen to promote the importance of our experts by experience and people with lived experience, whose experiences help us to provide better services. You can find out more about two of our experts by experience on pages 8 and 9. We are so grateful to all our experts by experience for their involvement within the Trust.

In May we welcomed author, Adam Kay, to Kingsway Hospital in Derby for a tree planting ceremony to raise awareness around suicide in healthcare and remember those who have been lost to suicide; see page 10.

I am delighted that our Work Your Way service has received national recognition for helping people in community mental health services to secure paid employment. Find out more on page 11.

At the beginning of the year, we held our elections for the Trust's Council of Governors and I am pleased to welcome our newly



The spade from the ground-breaking of our new buildings



elected public governors; see pages 12 and 13. Governors are volunteers and we really value their commitment to the governor role. If you are interested in becoming a governor you can find out more on page 13.

The Trust's Annual Members Meeting is taking place on 20 September. We will be showcasing our new-build healthcare facilities and celebrating service user and carer involvement. I am really looking forward to meeting members. Find out how to book a place on page 14.

We are keen to learn about your experiences as a member of the Trust and would be grateful if you could complete the short survey on page 15.

I hope you find the articles interesting and useful – and I look forward to your comments and feedback.

Selina Ullah

Selina Ullah, Trust Chair

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Contact us

If you have any comments or feedback, we would love to hear from you. Please contact us by emailing dhcft.membership@nhs.net or call the membership team on **01332 623723**.

Meet our new Chief Executive, Mark Powell



Mark Powell is the new Chief Executive of Derbyshire Healthcare NHS Foundation Trust

Mark Powell joined us on 3 April as our new Chief Executive. Prior to his appointment, Mark was Managing Director and Deputy Chief Executive at Leicestershire Partnership NHS Trust. Mark has over 20 years' experience of working in the NHS and spent several years as Derbyshire Healthcare's Chief Operating Officer. During that time at the Trust, Mark campaigned for new healthcare facilities to replace our current dormitory-style accommodation (now the Making Room for Dignity programme) and led the Trust's initial response to the COVID-19 pandemic.

We asked Mark about his appointment.

Why did you want this role?

Derbyshire Healthcare NHS Foundation Trust is an organisation that means a lot to me as I live in the area and have worked at the Trust before. It is a values-led Trust with a strong sense of team and a collaborative approach. There is lots of passion, energy and ideas amongst colleagues. It is also a really exciting time to be leading the Trust with new developments and opportunities on the horizon and a rich variety of services on offer. I want to ensure that we take all these positive elements and channel them to provide the best possible care for local people.

What will your approach be as the new Chief Executive?

I want to listen and learn and find out what has changed since I left in 2021 and what our current challenges are. I will be embracing the Trust's 'people first' value and ensuring that I am a visible leader, providing stability following a period of uncertainty and seeking to build an effective and cohesive executive team to take the Trust forward. ➔



Mark Powell, and estates colleague, Clive Moore

Happy Birthday! We celebrated the 75th birthday of the NHS with a number of events...



The estates football team

A five-a-side football tournament at Springwood Leisure Centre in Derby.



Our Trust governors at the summer fayre, Kingsway hospital, Derby.



Many colleagues celebrated by doing the 5K parkrun at Shipley Country Park and Alvaston



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Mark Powell is a keen cyclist. In 2017 he cycled 150 miles coast to coast, from the Lake District to Whitby.

What are the key challenges you face?

There are a number of challenges that the Trust faces. I need to address the issues around recruitment and retention of staff; and the finances for 2023/24 as, post COVID, we are required to make greater savings than in previous years. There are also significant increases in demand for our services which we must address.

And finally, how do you feel about your appointment?

I'm really pleased and excited to be returning to Derbyshire Healthcare as Chief Executive. I feel closely aligned to the vision and values at the Trust, creating a 'people first' culture and involving people – our patients, colleagues, carers and partners – in our decision making.

It is an exciting time for the Trust as we develop new mental health facilities across the county, improving the privacy and dignity of people receiving inpatient care. The Trust is also improving many of our community services and expanding the service it offers with the introduction of a new Psychiatric Intensive Care Unit (PICU) and I look forward to being part of these positive developments.

Selina Ullah, Trust Chair at Derbyshire Healthcare, said:

"I am thrilled to welcome Mark back to Derbyshire Healthcare. Mark has an excellent reputation for his leadership skills, and I am confident that he will be a great fit for our organisation, leading our Board of Directors and building on the Trust's successes to date."

➡ I will be looking forwards and ensuring that we continue to develop a working environment where colleagues feel able to take decisions to improve the services we provide. I will also be taking time to establish really clear and firm priorities for the years ahead, co-created with colleagues and stakeholders.

What is important to you in your role?

It is important to me that we work in partnership with our patient and carer groups, ensuring we collaborate to improve people's experiences. I will also be working closely with our stakeholders and partners to ensure our services provide the best care possible. I also feel it's vital to engage with colleagues in an effective and meaningful way.

I am keen to close the gaps that exist between different groups in our community in terms of health and wellbeing. It's easy to think that a phrase like 'health inequalities' is just jargon, but there is clear evidence that some groups of people are more likely to have shorter lives, and worse ill health, in part because they struggle to access health services. People with severe mental illness and people with a learning disability are just two of those groups. I feel it's our duty to do something about that.

As Chief Executive it is important for me, ultimately, that the Trust is the best it can be – as judged by our service users, carers, colleagues, partners and regulators.



The Trust's Medical Director kicked off NHS's national 75th birthday celebrations with speech to local school

To mark the 75th anniversary of NHS senior leaders across the country gave a series of talks in schools about what it's like to work in the NHS.

Dr Arun Chidambaram, Medical Director at Derbyshire Healthcare, gave the first talk to students at Shirebrook Academy in north-east Derbyshire, explaining about the 350 different careers that the NHS has to offer.

The programme of talks was a partnership between Speakers for Schools and NHS England and its aim was to help inspire young people to consider a career in the NHS, which remains a British institution after 75 years and is the country's most trusted public service.



Making Room for Dignity: healthcare facilities update

makingroomfordignityjobs.org.uk



**Making Room
for Dignity**



The ground-breaking ceremony at Chesterfield

In our last Connections magazine we updated you on the progress of our Making Room for Dignity programme – our exciting new-build and refurbishment plans, including our acute mental health inpatient units at Kingsway Hospital in Derby and the Chesterfield Royal Hospital site.

Since then, work has been progressing well and our new facilities are flying up!

Two ground-breaking ceremonies took place on 22 March 2023 for the two new 54-bed mental health units being built at the Kingsway Hospital in Derby and in the grounds of Chesterfield Royal Hospital.

The important milestone events were led by Trust Chair, Selina Ullah, and included a range of talks on project developments, insight from former service users on the importance of better patient experience and 'listen and learn' tours of the new site.



Therapy-based services

Therapy spaces, gardens with open spaces and sensory rooms are a great way of supporting service user recovery. The Making Room for Dignity programme team, working alongside staff, service users and carers, have worked hard to include as many of these spaces as possible in the new healthcare facilities. Nick Richards, the programme's lived patient experience lead, has worked with service users and carers from different backgrounds to understand more about their therapeutic and sensory requirements whilst staying on the wards.

Nick said: "Open areas with fresh air and natural sunlight are so important in aiding recovery. Our services users tell us that being able to leave the ward environment and go into a sensory space or garden and get fresh air is something that really enhances their wellbeing."



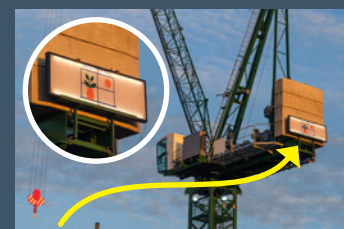
Artist's impression: The Adult acute unit at Kingsway.



Current progress: The steel frames are taking shape.



Aerial progress: The new facilities are flying up.



Have you seen our cranes? You can spot them with our logo.

Making Room for Dignity: New unit names announced



The ground-breaking ceremony at Kingsway

In April we asked for suggestions from staff, service users and carers on what we should name our new and refurbished healthcare facilities.

There were some clear themes and preferences, with most suggestions received for the two new acute units being based on geographical areas within Derbyshire. In contrast, it was clear that people wanted a different type of name for the new Psychiatric Intensive Care Unit (PICU) with many suggestions focused on types of birds, trees and flowers.

Colleagues, staff, and service users were also asked for views on whether to change or keep the names of the **Radbourne Unit** and **Audrey House** in Derby when they are refurbished for their new use. Most people voted for **both names to remain**, therefore there will be no changes to those unit names.

Many people also took the opportunity to suggest new names for our wards, as well as names for the units.

The voting was open to staff, service users, members, stakeholders and the public, and closed on Sunday 25 June.

Thank you to everybody who took the time to vote!

Want to find out more about our progress with the new hospital builds?

Then join us at the Trust's virtual Annual Members Meeting (AMM) on Wednesday 20 September from 4pm-6pm. Find out more about the AMM and how to book a place on page 14.

Interested in working for us?

See the many exciting opportunities at makingroomfordignityjobs.org.uk

We are pleased to announce the new unit names



Our new adult acute unit in Chesterfield will be called the

Derwent Unit

with **Sycamore, Oak** and **Willow** wards



Our new adult acute unit at Kingsway Hospital in Derby will be called the

Carsington Unit

with **Wren, Dove** and **Robin** wards



Our new Psychiatric Intensive Care Unit or PICU will be called

Kingfisher House



The Blue Ward at Walton Hospital will become

Bluebell Ward



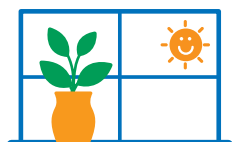
Once refurbishments are complete, our new wards at the Radbourne Unit will be called

Jasmine and Orchid wards



★ ★ ★
TRUST OF THE YEAR FINALIST

THE HEALTH SERVICE JOURNAL (HSJ) AWARDS 2022



Making Room for Dignity



Prestigious award for Nick Richards



Nick Richards at the HEFMA awards

Nick Richards, Programme Support and Lived Patient Experience colleague, has been actively involved in the Trust's Making Room for Dignity programme (see pages 5-6). On 25 May, Nick was awarded with a prestigious Health Estates and Facilities Management Association (HEFMA) award for his part in the Trust's programme to build new mental health facilities.

He was the winning finalist in the Personal Development category for his efforts to champion the views of patients and carers throughout the process of designing and building new mental health inpatient accommodation in Derby and Chesterfield.

The HEFMA awards recognise the hard work, excellence and achievements of NHS estates and facilities management staff across

the UK. Nick, who has cerebral palsy, joined the Trust as an IT data analyst in 2016 but has excelled since joining the Making Room for Dignity programme team. As well as ensuring that the patient voice is heard, Nick has been involved in several design decisions; he helped to source a special type of anti-shock glass for cabinets, to be used in environments in which patients may become distressed, and he played a central part in designing magnetic panels to be used as locks on doors, which give privacy and dignity to patients but also allow easy access for clinical staff in an emergency.

Nick was overjoyed to win the award. He said: "The programme is very special to me. It has allowed me to use my experience to support those with mental illness or disability whose voices need to be heard, particularly on a project that will largely affect their experience."

Mark Powell, Chief Executive at Derbyshire Healthcare NHS Foundation Trust, praised Nick for his ongoing commitment. He said:

"Nick is an absolute credit to the Making Room for Dignity team, the Trust and the NHS."

"He is an exceptional example of someone who has not let his condition affect his ability to succeed; instead he has used his lived experience to enrich us all. It is a pleasure to have Nick as a colleague and we are all very proud of his achievement."



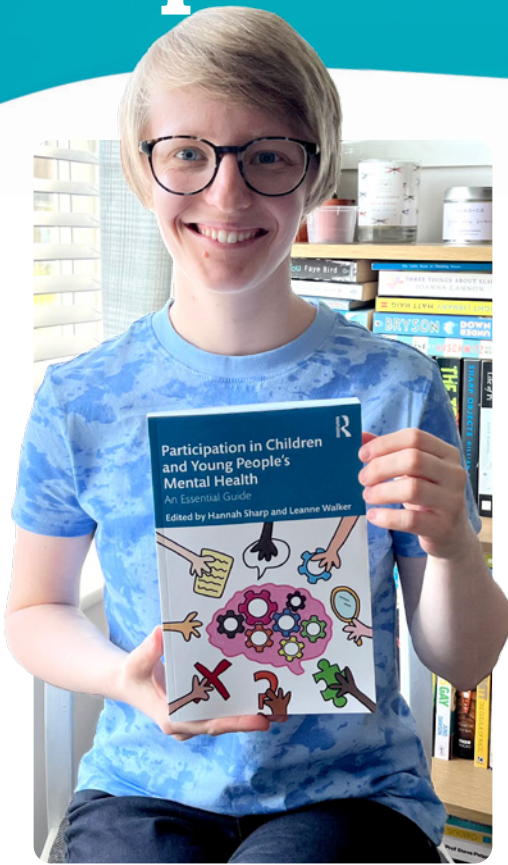
Ground-breaking ceremony: Nick Richards and the Making Room for Dignity team.





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Leanne Walker: From patient to published author



Trust colleague Leanne shares impressive 'full circle' career since accessing mental health services as new thought-provoking book is launched

Leanne Walker, a lived experience worker at the Trust, has edited a book on children and young people's participation in shaping mental health services that is being published by the international firm Routledge.

Leanne, along with co-editor Hannah Sharp, has offered insights into how participation should be delivered in *Participation in Children and Young People's Mental Health: An Essential Guide*. The book offers valuable advice on how participation ought to work from academics but also from experts by experience.

One young person at the book's launch event said, "I've never felt like professionals had listened to me before but, in the book, I have a voice and it has been personally impactful for my recovery."

Leanne first accessed Child and Adolescent Mental Health Services (CAMHS) aged 15. "At 18, I started attending a participation group – a partnership between people working in, and young people accessing, the service with the goal of wanting to improve the service," said Leanne. It was this session which ignited my passion in the field."

Having overcome social anxiety, Leanne went on to take part in some fantastic projects including hosting a CAMHS event with Derby County stars Roy McFarland and Roger Davies to raise funds and awareness of World Mental Health Day; presenting at a national mental health conference in Manchester; and working with Great Involvement Future Thinking (GIFT), a partnership between young people and mental health professions formerly commissioned by NHS England, to advise on how to shape services on a national scale. Leanne was also invited to Buckingham Palace in recognition of their ongoing commitment and contributions to the sector.

With the publication of the new book, Leanne hopes to establish a single point of reference on involving young people in children's mental health services. "Before this book, I could only signpost people to a chapter or article on participation, never one central resource," said Leanne.

"If it wasn't for the support of CAMHS, I would not be doing the job I am in now, nor would I be able to go about my daily life in the same way. I owe a lot to the people in these services for changing my life and opening so many doors for me."

"I owe a lot to the people in these services for changing my life and opening so many doors for me."

Mark Powell, Chief Executive at Derbyshire Healthcare NHS Foundation Trust, said: "I've been blown away by the effort that has gone into producing this book."

"It is exciting that Leanne's hard work and dedication to this field of work is not going unnoticed. On behalf of Derbyshire Healthcare, I would like to thank Leanne for sharing experiences and knowledge that will help increase young people's participation in NHS services."



Leanne's book is available to order on Routledge's website.

www.routledge.com



Derbyshire Healthcare receives national recognition from The Carers Trust

The Trust has successfully retained the two-star Triangle of Care award from the Carers Trust for its efforts to involve carers in the treatment of their loved ones. The Carers Trust work to transform the lives of unpaid carers through collaboration, influence, evidence, and innovation.

The Carers Trust's review commented on the clear thread of carer involvement, participation and co-production through the Triangle of Care standards that is embedded in activities across the Trust.

What is Triangle of Care?

The Triangle of Care membership scheme was developed by The Carers Trust and carers themselves. The 'Triangle of Care' is a working collaboration, or "therapeutic alliance" between the service user, professional and carer that promotes safety, supports recovery, and sustains well-being.

Mark Powell, Chief Executive at Derbyshire Healthcare NHS Foundation Trust, said: "It is fantastic to hear from the Carers Trust that we are providing care that promotes safety, supports recovery, and sustains wellbeing.

"Working to improve engagement between professionals and carers has been at the centre of a lot of our work and we will continue to look for new ways of improving those relationships, to benefit those in our care."

To find out more about Triangle of Care, visit the Trust's website:

derbyshirehealthcareft.nhs.uk/carers

EQUAL

In Knowledge & Influence

Your voice helps to shape the care provided

"...I began to see that I could make a difference by speaking on behalf of other people who feel unable for various reasons. That's why I'm involved in EQUAL."

Jose — EQUAL member



If you have used any service at **Derbyshire Healthcare NHS Foundation Trust**, either as a service user or carer, we would love you to be a part of the **EQUAL feedback network**.

Being part of EQUAL will give you the opportunity to discuss what you believe to be working well and what could be improved. This shared knowledge is hugely valuable in continuing to provide excellent care.



If you are interested, please contact:

📞 07554 417656

✉️ simon.rose3@nhs.net

derbyshirehealthcareft.nhs.uk/equal

Best-selling author Adam Kay visits Trust to raise awareness around suicide in healthcare

In May, the Trust welcomed writer Adam Kay to Kingsway Hospital for a tree-planting ceremony to raise awareness around suicide in healthcare and remember those who have been lost to suicide.

Trust Chief Executive Mark Powell and Medical Director Dr Arun Chidambaram joined Adam – a former NHS doctor and the writer of *This is Going to Hurt*, recently adapted and broadcast as a BBC TV series – to plant the tree in the hospital's memorial garden. The event was organised by the charity Doctors in Distress, which seeks to highlight the importance of providing mental health support to healthcare workers.

Suicide rates in the healthcare sector are higher than the general population as a result of burnout, anxiety and depression. Doctors in Distress aims to plant a tree in all

hospitals across the UK to remember healthcare workers and help prevent suicide. Derbyshire Healthcare was the first site to have a tree planted.

Adam Kay said: "The TV series of *This is Going to Hurt* culminated in the death by suicide of a doctor called Shruti – a fictional character based on so many tragic stories. In the show, a tree was planted in her memory, which has led to trees being planted in real-life hospitals to commemorate lost colleagues. I'm very proud to support Doctors in Distress in raising awareness of this vital issue."

Dr Arun Chidambaram said: "As a provider of mental health services, we are committed to supporting Trust colleagues with all aspects of their wellbeing as we know that our work is challenging and the pressures can be significant. That is particularly true when there are safety incidents involving patients; we have been an early adopter of a new national incident response framework to help develop a just culture and ensure that the



BAFTA winner Adam Kay with Mark Powell



Professor Subodh Dave is Dean of the Royal College of Psychiatrists, a Trustee of Doctors in Distress and a member of the Trust's medical workforce

focus of any investigation is on improving the way we operate as an organisation, not on apportioning blame to individuals.

"As Medical Director, I'm committed to the wellbeing of our medical workforce and I believe that initiatives like our 'buddy scheme' for junior doctors and our Medical Senate – a forum for all doctors – will improve morale and wellbeing."



The tree-planting ceremony took place in Derbyshire Healthcare's memorial garden.



New services are being developed to help Derbyshire residents who are in crisis. Three out-of-hours mental health drop-in services will launch later this year in Buxton, Ripley and Swadlincote, and a safe haven will open in Chesterfield to complement the current safe haven in Derby.

The Derbyshire Mental Health Helpline remains available 24 hours a day on **0800 028 0077**

work your way



Just the job: Trust's employment service gets national thumbs-up

The Trust's employment service, Work Your Way, has received a national quality mark after an outstanding review.

The Work Your Way team – a group of employment specialists, job coaches and peer support workers who provide support to people using community mental health services in Derbyshire, helping them to find work and stay in work – were praised in the review for their positive team culture, good communication and focus on continuous learning and collaboration.

Samantha Parr, team manager, said: "I am delighted that the team have been recognised for all their efforts. This award is also for the clinical teams that we work with and for the service users we have supported."



"Work Your Way first launched in March 2020, at the height of COVID-19. Since then, the team has supported over 600 people, and over 50% of those have secured employment."

Learn more at
www.workyourway.net



NHS

East Midlands
Gambling Harms Service

New gambling support service launched across the East Midlands

Derbyshire Healthcare has launched a free service offering specialist treatment and support to people in the East Midlands who are struggling with a gambling problem.

The East Midlands Gambling Harms Service will provide specialist therapies, treatment and recovery to those affected by gambling addiction and gambling problems in Derbyshire, Leicestershire, Lincolnshire, Northamptonshire, Nottinghamshire and Rutland.

Anyone can contact the service by calling **0300 013 2330** or visiting the website **www.eastmidlandsgambling.nhs.uk**



Gold award for commitment to the armed forces

The Trust has been awarded the 'Defence Employer Recognition Scheme' gold award, recognising its commitment as an employer to our armed forces community.

The Trust secured the government award for its proactive approach to recruiting and supporting veterans, reservists, cadet force adult volunteers and military family members.

In July, the Trust also signed the Armed Forces Covenant for a second time, reaffirming its support for military personnel and veterans who use our services.



Like us on Facebook facebook.com/dhcft

Governor update



We are pleased to welcome four newly elected public governors to the Trust's Council of Governors, who joined us in February.

We would like to thank all members who stood in the elections and to everyone who voted.

We would also like to welcome Cllr Alison Martin and Cllr Garry Hickton who have been appointed as representatives of Derby City Council and Derbyshire County Council respectively.

Our new governors bring a wealth of skills and insight, and we look forward to working with them over the next few years.

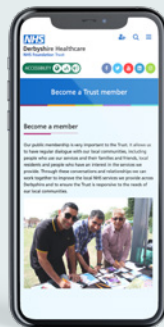
Selina Ullah, Trust Chair said:

"I am delighted to welcome our new governors to the Council of Governors and am looking forward to working with them. Governors have a key role in representing the interest and views of our Trust members. They also undertake a range of functions through committee, engagement and quality visits."

We offer our thanks to governors whose terms of office have ended: Julie Boardman, Cllr Martyn Ford, Varria Russell-White, Orla Smith and Cllr Roy Webb. We wish them well in their future endeavours.

Want to contact your governors?

Contacting your local governor is a key way to get involved in our work and ensure that we provide the best possible care and treatment. You can contact your local governor by emailing **dhcft.governors@nhs.net** (please say where you live, so we can forward on your message to the appropriate governor) or by calling the membership team on **01332 623723**. Governors are keen to hear of any issues/concerns you may have relating to our services.



Introducing your new public governors...



Susan Ryan
Public Governor
Amber Valley



Tom Bladen
Public Governor
Derby City East



Christine Williamson
Public Governor
Derby City West



Brian Edwards
Public Governor
High Peak and
Derbyshire Dales

Interested in becoming a governor?



Next year we will have vacancies in Bolsover and North East Derbyshire, Chesterfield, Erewash, and High Peak and Derbyshire Dales. We will be sharing information on the elections towards the end of the year. To find out more about becoming a governor look at the Trust website, **derbyshirehealthcareft.nhs.uk/members** or call the membership team on **01332 623723**. We look forward to hearing from you.



Come and see your local governor...

All members and the public are welcome to attend and observe Council of Governors meetings. Our meetings for this year are as follows:

Tuesday 5 September 2023

Tuesday 7 November 2023

All meetings begin at 2.00pm and are currently held virtually. We promote the meetings in the Member's e-newsletter, and on our website under the 'about us' tab. At the Council of Governors meetings the Trust's governors and Trust's directors meet to discuss issues and to give feedback from their constituencies. Members and the public can raise a question relating to the agenda. Email **dhcft.governors@nhs.net** or call us on **01332 623723**. The agenda and papers will be available online in advance of the meeting, along with the link to join the meeting.

You can also meet your governors at the Annual Members Meeting which is taking place virtually on Wednesday 20 September from 4pm-6pm. To find out more and to book a place see page 14.



Like us on Facebook facebook.com/dhcft

Join us at the Trust's Annual Members Meeting



This year's Annual Members Meeting (AMM) is taking place virtually via Microsoft Teams on the afternoon of Thursday 20 September from 4pm-6pm.

The AMM is an opportunity for anyone with an interest in health and wellbeing to come and hear about the progress the Trust made in 2022/23 and our priorities for 2023/24.

The theme this year is 'Working with you', and there will be an update on the progress we are making with our new hospital builds, and on how we are involving service users and carers in the development of our services. There will also be a focus on occupational therapy and social recovery including community focused work and how these activities are beneficial to our patients' recovery.

Regarding the AMM, Selina Ullah, Trust Chair said: "We are really keen to welcome our members and the public to our

AMM. The support from our members is greatly valued and it is an opportunity for you to meet members of the Trust Board and the Council of Governors, and to hear first-hand about our major developments."

How to book a place



So that we can notify you of further plans for the AMM, including the link to join the meeting, it is really important that you book your place in advance. Please book a place at <https://bit.ly/amm23> or scan the QR code. If you are unable to access the link, please email dhcft.membership@nhs.net or call the membership team on 01332 623723.

How to submit questions for the AMM

Advance questions are encouraged and there will be some opportunity to ask questions during the meeting, time permitting.

If you would like to submit a question in advance please email dhcft.membership@nhs.net or call the membership team on 01332 623723.

Further information about the AMM

We will also circulate updates to members via the members e-newsletter and on the Trust website under the 'become a Trust member' tab. If you are not receiving copies of our members e-newsletter and would like to, please email dhcft.membership@nhs.net so that we can add you to the distribution list.



Are you a member of the Trust?



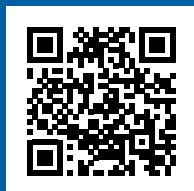
If not, why not join and help us to improve

the local NHS services we provide across Derbyshire. Simply sign online today or scan the QR Code. You can find out more about becoming a member on our website at derbyshirehealthcareft.nhs.uk/members or contact the membership team on 01332 623723 or email dhcft.membership@nhs.net.



Once you have signed up as a member we will keep you up to date with news and developments from within the Trust through Connections, our membership magazine, which is produced twice a year and through Members News, our monthly e-newsletter.

Trust members – we need your views!



We are keen to learn about your experiences as members of the Trust. In particular, we would like to understand how you prefer to receive information and updates from us and what topics you would like these to cover.

The simplest way to complete the survey is by scanning the QR code or visiting <https://bit.ly/dhcft-members23>. If you are unable to access the link, then please complete the survey and post back to us at:

Freepost RRGK-SRZC-JZAB, Membership and Involvement Manager, Executive Corridor, Ashbourne Centre, Kingsway Hospital site, Derby DE22 3LZ or email your answers to dhcft.membership@nhs.net

1. Do you enjoy reading and receiving Members' News, the monthly e-newsletter?

☐ Yes ☐ No ☐ Don't receive it

Please insert your email address in the box below so that you can receive a copy:

Email:

2. Do you enjoy reading and receiving Connections magazine for members (produced twice a year)?

☐ Yes ☐ No

Comments:

3. How would you prefer the Trust to communicate with you? (For environmental and financial reasons, we are looking to reduce the use of printed materials and the cost of postage.)

☐ Email ☐ Text ☐ Post

Comments:

4. What information is useful to you as a member?

- ☐ Trust news and developments
- ☐ Information about our services
- ☐ Invites to events
- ☐ Information about the work of our governors
- ☐ Opportunities to get involved as a member

Other (please specify):

5. Are there any issues/comments relating to Trust services that you would like to share with governors?

☐ Yes ☐ No

List your issues/comments here:

6. Do you know how to contact your governor(s) if you need to?

☐ Yes ☐ No ☐ Not sure

The survey will close on **22 September 2023**. Members who complete the survey will have the opportunity to win a small prize.

Brain training time!

Have a go at a Sudoku puzzle.

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1					6			
	2	9				6		
				9			6	4
	3	2	6		7		9	8
				3				
2		7		1	8		5	
					9		3	
		3	7	6	5	9		1

Fill in the grid so that every row across, every column down and every three by three box contains the numbers 1 to 9. For the chance to win a puzzle book, email your completed puzzle, **along with your name and address** to dhcft.membership@nhs.net or post to:

Freepost RRGK-SRZC-JZAB,
Membership and Involvement
Manager, Executive Corridor,
Ashbourne Centre, Kingsway Hospital
Site, Kingsway, Derby DE22 3LZ.

Winner of previous Sudoku

Thank you to all those members who sent in the completed puzzle. Congratulations to Judith Wing from Amber Valley whose name was drawn. A puzzle book is on its way to you, Judith.

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Celebrate staff all year

Experienced great care from one of our staff? Nominate them through our Delivery Excellence Everyday Scheme (DEED) recognition scheme. It's quick and easy, and everyone who is nominated will be considered for the DEED colleague or team of the month award culminating in being put forward for the annual awards.

Complete the short online form at www.derbyshirehealthcareft.nhs.uk/get-involved/celebrate-our-staff.

You can now nominate teams for the award. Just click the team box on the online application form. Anyone struggling to access or complete the form can also submit a nomination by telephone, call: 01332 623 700 ext 33302.



Let's get virtual and help us save trees!

Since the COVID-19 pandemic we are sure our members have taken every opportunity to keep in touch virtually with family and friends. We are keen for our members to keep in touch with us virtually too and ask that you **share your email address** with us so you don't miss out on receiving regular updates on the Trust. Send your email address to dhcft.membership@nhs.net so we can update your records. Help us to keep you more regularly informed; and at the same time help us to save printing and postage costs, and the planet, by reducing the use of paper.

If you would like this information in a different language or format please contact dhcft.communications@nhs.net

إذا كنت تريد هذه المعلومات بلغة أو تنسيق مختلف برجاء الاتصال بن dhcft.communications@nhs.net

Želite li ovu informaciju na drugom jeziku ili formatu molimo obratite se dhcft.communications@nhs.net

如果您想要将本信息用其他语言或格式显示，请联系 dhcft.communications@nhs.net

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अगर आप यह जानकारी अलग भाषा या स्वरूप में चाहते हैं तो कृपया संपर्क करें dhcft.communications@nhs.net

Ja vēlaties šo informāciju citā valodā vai formātā, lūdzu, sazinieties ar dhcft.communications@nhs.net

Susisiekite su mumis, jei norėtumėte šios informacijos kita kalba ar kitu formatu dhcft.communications@nhs.net

Jeżeli chcieliby Państwo otrzymać kopię niniejszych informacji w innej wersji językowej lub w alternatywnym formacie, prosimy o kontakt z dhcft.communications@nhs.net

ਜੇ ਤੁਸੀਂ ਇਸ ਜਾਣਕਾਰੀ ਨੂੰ ਹੋਰ ਭਾਸ਼ਾ ਜਾਂ ਫਾਰਮੈਟ ਵਿੱਚ ਚਾਹੁੰਦੇ ਹੋ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਸੰਪਰਕ ਕਰੋ dhcft.communications@nhs.net

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