



Experience based investigation and Co-design of approaches to Prevent and reduce Mental Health Act Use (Co-PACT)

Would you be interested in taking part?

We aim to find ways to reduce compulsory care under the Mental Health Act, particularly for individuals from racialised communities who experience disproportionate rates of detention, by employing **Photovoice** and **experience-based co-design**.

We would like to invite service users **above the age of 18** with **experience being detained under the Mental Health Act in the past 12 months** to take part in our study.

What is Photovoice?

Photovoice is a research process where **participants take photographs of their experiences**, then **reflect on and add captions** to their images.

This methodology seeks to empower individuals by enabling them to **share their stories and perspectives** in a creative way.

What will happen if I take part?

You will be invited to attend **3 face-to-face workshops** at local community venues with other service users; you may bring a friend or family member with you, if preferred.

You will receive a **£15 amazon voucher** at the end of each workshop you attend to thank you for taking part, and **all travel expenses will be reimbursed** or arranged for you.

Interested, questions or queries?



Scan this QR code to visit our website



Contact us at:

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