

Patient Information Leaflet



Care Clusters and the Mental Health National Tariff Payment System

What you need to know

This leaflet explains what the Mental Health National Tariff Payment System (NTPS) is and how it affects how mental health services are provided in Derbyshire.

NTPS outlines 20 packages of care called Care Clusters which have been introduced to help make sure that the NHS gives the right types of care to each person using its services.

Care Clusters also help the Trust make sure that the way clinical care is organised ensures that a person receives the right kind of care at the right time.

Care Clusters will also help the Trust to show that this care is helping the person with their Recovery.

This is what the NHS has to say about NTPS and why it is being introduced

NTPS was introduced to:

- support patient choice by allowing the money to follow the patient to different types of provider
- reward efficiency and quality by allowing providers to retain the difference if they could provide the required standard of care at a lower cost than the national price
- reduce waiting times by paying providers for the volume of work done
- refocus discussions between commissioner and provider away from price and towards quality and innovation

This will give service providers an opportunity to better understand the needs of people the NHS cares for and ensure that care is of a high quality.

The logo for 'Core Care Standards' is centered in the lower half of the page. It consists of the words 'Core' and 'Care Standards' in a large, white, sans-serif font, stacked vertically. The text is set against a background of overlapping, semi-transparent circles in shades of green, yellow, and pink.

How NTPS Care Clusters works for you

During the assessment process your needs will be matched with a 'Care Clusters' which is a planned package of care.

A cluster may contain several different types of therapy not all of which will be appropriate for everyone in that cluster.

Through discussion with you, when developing the care plan we will tailor each care package, your individual needs, from a 'menu' of therapies and therapeutic approaches.

Being allocated to a cluster **is not** dependant on any diagnosis – it is designed to help with your presenting needs.

It does mean the care package in that cluster is likely to meet your own needs, as identified in the assessment.

Whichever cluster you are in you will have regular reviews of your care throughout your treatment. Depending on the cluster, the period between reviews may be a few weeks to several months – this will be

discussed with you in the care planning stage.

If your needs change your cluster may also change to make sure we have the right help in place will be discussed at review, as necessary.

Different parts of our services will offer care in one or several clusters, although you will only be in one cluster at any time.

Not everyone using a particular service will necessarily be in the same cluster; neither will everyone in the same cluster have exactly the same package of care.



For More information on NTPS Care Clusters contact:

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Core
Care Standards